

FACILITATOR PROFILE

Katie Beresford



A charismatic speaker and award-winning entertainer, Katie's vibrant mix of playful creativity and evidence-based solutions helps workplaces, governments, schools and communities to care for wellbeing, build psychosocial safety, and thrive through the messiness of change.

Drawing on her rich background in corporate leadership, education, and the music industry, Katie has delivered 'a-ha' moments for thousands of clients across the globe including the Department of Employment and Workplace Relations, the Australian Electoral Commission, the Australian Army, the Rugby Union Players Association, and Burgmann Anglican School.

A leader at fusing cutting-edge research with meaningful learning experiences, Katie holds a Masters in Applied Positive Psychology and is currently pursuing a Doctor of Education at the University of Melbourne.

 <https://www.linkedin.com/in/katie-beresford-13381641/>

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Katie's skillset is unique in that she is a brilliant communicator with a deep understanding of organisational psychology research but is also someone who wants to firstly listen and understand what the organisation is trying to achieve rather than applying a one-size-fits-all approach.”

JAMES HOLBECK

National Player Development
Manager of The Rugby Union
Players Association



EDUCATION

Doctor of Education
(Wellbeing Science) Current,
University of Melbourne

Masters in Applied Positive
Psychology, University of Melbourne

Bachelor of Education,
University of Canberra

Diploma of Music, Unity College

Diploma of Teaching,
University of Canberra

Diploma of Professional
Children's Writing, Australian
College of Journalism

Certificate IV in Workplace Assessment
and Evaluation, Unity College



EXPERIENCE

Katie has captivated audiences across the world in schools, universities, festivals, and conferences for 30 years.

Recently published in the Journal of Positive Psychology, her model of Creative Flourishing offers fresh insights into how people can thrive.



ACCREDITATIONS

PERMAH Accreditation

Core Strengths Accreditation –
Strengths Deployment Inventory

Chairperson for the Player
Development Committee for the
Rugby Union Players
Association

SOME OF THE COMPANIES KATIE HAS HELPED

